

# Your Teacher's Guide

from Blue Dot Kids Press

Grades pre-K-K-2



*One Person*, written by Wee Hae-June and Illustrated by Yael Frankel (translated by Paige Aniyah Morris) **Published** August 18, 2026 | **ISBN** 9781736226421 | **Ages** 3–7



*We intentionally leave this page blank so our guides can be printed like a book.*



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## Before Reading

### Establish background knowledge.

- What do the title and cover illustrations tell you about the book? Where do you think the story takes place? Who will be in the story? What might happen in the story?
- What do the bios on the inside flap of the front cover tell you about the author, Wee Hae-June, and the illustrator, Yael Frankel? Where in the world is Seoul? How far is Buenos Aires, Argentina, from your school?

## During Reading

### As you read, think about the elements of the story.

- Setting: Where and when is the story taking place? What clues tell you this?
- Point of view: Who is telling the story?
- Characters: Who else is in the story?
- Cause-and-effect relationships: What is happening and why?
- Pause occasionally and wonder, *What will happen next? What would I do if I were in this story?*
- How do the illustrations make you feel?



## After Reading

### Check for understanding.

- Over the course of the story, did the narrator change who they were talking about?

How can you tell?

- Were you surprised by what happens in the story?
- What is one thing you learn from the illustrations that is not directly expressed in the words?
- If the book continued, what do you think would happen next?
- What are the themes or messages of the book? How were they developed?

What do you think of the author's and illustrator's notes at the back of the book? What is one thing you like about each of them?



## Be Intentionally Randomly Kind

The Random Acts of Kindness Foundation (<https://www.randomactsofkindness.org>) offers a lot of free resources for readers of all ages as well as their teachers, librarians, parents, and communities. These include games and posters, activity ideas and full curriculums, trainings, research reports, and success stories.

## You Gotta Hand It to Yourself

Sometimes it can feel difficult to be kind. If you are frustrated, angry, or sad, you may not want to be kind. You may even think you are not capable of being kind in that moment! But guess what—you always have some control, even on bad days.

Visualize this, using blank paper and pens, markers, or crayons. If you have access to old magazines, scissors, and glue, you can collage.

Trace your hand on the paper. As a class, brainstorm some things that are outside of our control. For example:

- What school lunch will be
- When plans change
- Parents' work schedules
- Other people's feelings

Write, draw, or collage those outside the handprint

Then, brainstorm things we do control, like:

- Our attitude
- Our actions
- How we talk to our family and friends
- How we are kind to ourselves

Write, draw, or collage those things inside the handprint.

If you want, share stories of times you did not feel kind because you were upset about something outside of your control—and then how you focused on doing something within your control, or how you might do so next time.

Keep your handprint in your desk or cubby or put it somewhere special at home as a reminder for yourself.

This idea is from the Metropolitan YMCA of the Oranges, in New Jersey.  
(<https://www.youtube.com/watch?v=uMRCXm2T4sw>).

## Be Kind Every Day

As a class, work through Random Acts of Kindness's yearlong calendar of daily kindness activities:

([https://cdn.randomactsofkindness.org/printables/calendars/2026\\_RAK\\_kindness\\_calendar.pdf](https://cdn.randomactsofkindness.org/printables/calendars/2026_RAK_kindness_calendar.pdf)).

Help families continue the routine by sending home copies of or links to the dates that students are out of school. Here are some of our favorites from 2026's kindness calendar:

- Drop a surprise note in a library book (February 19), or make kindness bookmarks and leave them in library books (August 12).

Here's one template for a bookmark to color and share:

[https://cdn.randomactsofkindness.org/printables/RAK\\_make\\_kindness\\_the\\_norm\\_bookmarks.pdf](https://cdn.randomactsofkindness.org/printables/RAK_make_kindness_the_norm_bookmarks.pdf).



- Read a children’s book or short story from a culture different from your own (March 2).

This is one idea from Blue Dot Kids Press to get you started: *The Day Saida Arrived* (<https://www.bluedotkidspress.com/the-day-saida-arrived>).

- Add a few books to a Little Free Library—or start one with friends (July 29).

Here’s Little Free Library’s website: <https://littlefreelibrary.org/>.

## Write a Postcard

It can feel difficult to meet and talk with new people. What if you can’t think of anything to say? What if the other person reacts in a way you weren’t expecting? Are you even supposed to talk to strangers?

Writing to another person can be a great way to connect! Postcards offer only a small amount of space, so you don’t have to think of a lot to say. You can even decorate your postcard (<https://wikihow.com/Make-a-Postcard>).

Kids can write notes to NASA astronauts, authors of their favorite books, scientists, soldiers, grandparents, and yes, other kids (<https://tinybeans.com/letter-writing-tips-and-pen-pals-for-kids>)! Work first as a class, writing together to one person. And remember: if you want to encourage a response, include one question you’d like the recipient to answer.

## Citizen Science

Sometimes, the best way to make friends is to get a group together to do something good for the world! Don’t know anyone? A little nervous that you won’t be able to connect with anyone or that no one will really understand you? What if you put the focus on a fun group project that helped others? That might encourage a lot of people to join in. And you probably would meet a few you’d like to call friends outside the project. One way to do this is through citizen science.

Citizen science, also called community science, happens when people study the world around them and send the data they collect to scientists. A citizen scientist is anyone—young or old, who has attended a lot of school or who hasn’t, from a city or a small town—who collects data for research projects and helps to answer real scientific questions. Citizen scientists offer invaluable help because, together, they can collect data over greater distances and longer periods of time than scientists and researchers alone. You can conduct citizen science by

yourself, but a lot of times, it's necessary—and more fun!—to work together. Here are a few types of group citizen science projects.

**Community Mapping:** Working together, you and your friends can map a population of plants or animals in your area. Identifying, documenting, and sharing information about plants and animals in your area helps scientists and researchers monitor the health of different populations, migratory patterns, and other topics important to helping our ecosystem thrive.

The USA National Phenology Network's Nature's Notebook program (<https://www.usanpn.org/nn>) invites people to join in tracking changes in different plant and animal populations. For example, as a part of the Green Wave, your class can share observations about your school's favorite tree. Or be Nectar Connectors and study flowers that butterflies love, or go on an adventure as a part of the Quercus Quest and pay attention to oak trees.

**Bioblitzing:** iNaturalist (<https://www.inaturalist.org/>) posts photos of plants and animals taken by people just like you to help in identification and understanding changes in behavior. They encourage people to come together in a bioblitz—that's a group effort to record as many species within one location and time period as possible. Experts will review your efforts, so no matter how big or small your bioblitz is, it will contribute to scientific understanding! Continue the community-making by hosting a picnic or pizza party as a wrap-up. Learn how to organize a bioblitz here:

<https://help.inaturalist.org/en/support/solutions/articles/151000194866-bioblitz-guide>.

**Environmental Monitoring:** The Community Collaborative Rain, Hail and Snow Network (CoCoRaHS, <https://www.cocorahs.org/>) measures precipitation in all fifty states. This nonprofit organization relies on volunteers of all ages to work together to take measurements of each rainfall, snowfall, and other storms. Many professionals—including meteorologists, ranchers and farmers, emergency managers, and teachers—use that data in their work.





**Blue Dot Kids Press** inspires curiosity with beautifully crafted stories that connect us to each other and the planet we share. Written and illustrated by impassioned **storytellers and artists from around the world**, our books engage young readers' innate sense of **wonder and empathy**, connecting them to our global community and **the pale blue dot we call home**.

As an **independent, mission-driven**, children's publisher based in San Francisco, California, and Wellington, New Zealand, our **passion for nature and its stewardship** are evident in every book we publish—as well as in our business practices.

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